



*To help Grandparents Pass on the faith
and keep prayer at the heart of family life*



My Very Dear Grandparents and Friends,

For me, Lent is The beginning of the end, a reminder of our own mortality. Our Holy Father told us we should become reconciled to death, to prepare for it. Nobody likes to talk about death or think of it, this is the best time, as we Journey with Our Lord Jesus Christ towards the glory of our resurrection.

Lent is a time of waiting, reflecting and prayer. It is a time when you can truly be the best version of yourself. By taking stock of your life, what you have done, what you have failed to do. What you would like to do. You will. be amazed at what you remember with a loving heart.

I count down the days to Good Friday "CRUCIFIXION DAY" as I reflect of my life and the countless ways that I have contributed to the suffering and death of my Lord and Saviour, Jesus Christ, I pray for forgiveness and reconciliation with all those alive and dead whom I may have hurt, offended, inured or neglected in any way.

I earnestly pray for the suffering souls in Purgatory, particularly those who have nobody to pray for them. I pray for anyone I might be keeping out of heaven, by being unable to forgive them for some hurt they may have caused me in this world. I pray for their forgiveness and reconciliation.

Every morning going to Mass, I pass a rehab centre for addictions, where many young people are gathered outside. My heart goes out to them and I pray that someone somewhere today will have the courage and the strength to say NO. I pray for the families who are feeling despair and pain as they continue to hope and pray.

I pray for the people in prison, that they may feel the love and mercy of Jesus, like the good they're, the companion of Jesus on the cross. I pray for Grandparents who have been separated from their grandchildren for whatever reason.

I pray for the grace to help my children and grandchildren to make their Easter duty.
To try and help them to go to confession and to receive Holy Communion.

I pray for all Grandparents and families that they may find ways to peace,
forgiveness and reconciliation during this beautiful season of promise. I look
forward to meeting all of you one day in our heavenly homeland where all our
troubles cease in eternal peace with our risen living Lord Jesus Christ.

May St. Joachim and St. Anne, parents of Mary, Grandparents of Jesus, bless you
and your families all the days of your life.



With love and prayers

Catherine Wiley

Founder of The Catholic Grandparents Association



The Resurrection of Jesus Christ

This Easter Season remember our risen saviour who gave his life on the cross so that we may live. We are celebrating the resurrection of Jesus Christ Grandparents please tell your Grandchildren the reason for the season Wishing you and your families a happy, holy, joyous, grace filled Easter.

The holy sacrifice of the Mass in being offered for your intentions



*With love and prayers from
Catherine and All of us at the
Catholic Grandparents Association*

Pope's March prayer intention:

'for families in crisis'



Pope Francis releases his prayer intention for the month of March 2025, and invites everyone to pray for "families in crisis," as he acknowledges that no family is perfect, but that when we forgive our family members, we can rediscover peace.

[READ MORE...](#)



As we mark 12 years since Pope Francis was elected
Let us reflect on his journey, and let us lift him up in prayer
for strength and healing during his time in hospital
May God bless and restore him to health

World Day
for Grandparents
and the Elderly
2025

**“Blessed are those who have not
lost hope.”
(cf. Sir 14, 2),
World Day for Grandparents and
the Elderly**

July 27, 2025

The Angelus



**The Angel of the Lord declared to Mary:
And she conceived of the Holy Spirit.**

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.

**Behold the handmaid of the Lord:
Be it done unto me according to Thy word.**

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.

And the Word was made Flesh: And dwelt among us.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.

**Pray for us, O Holy Mother of God, that we may be made
worthy of the promises of Christ.**

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.

Amen.

Honoring the Incarnation Year Round





Pray for our
SEMINARIANS!!!

A wonderful initiative for Ministries and Parishes during Lent and beyond.

A wonderful initiative for Ministries and Parishes during Lent & beyond.

I, Marilyn Henry (Ministry Co Ordinator) first met the author when her son, fresh out of the Seminary, was assigned to my Parish, Prince of Peace, in Houston, Texas. As you'll read in the story, Father Ryan was not with us at Prince of Peace for long, but he touched countless lives with his faith, caring, and courage through great suffering.

[CLICK HERE TO READ FULL ARTICLE..](#)



February 28, 2025 / Grandparenting

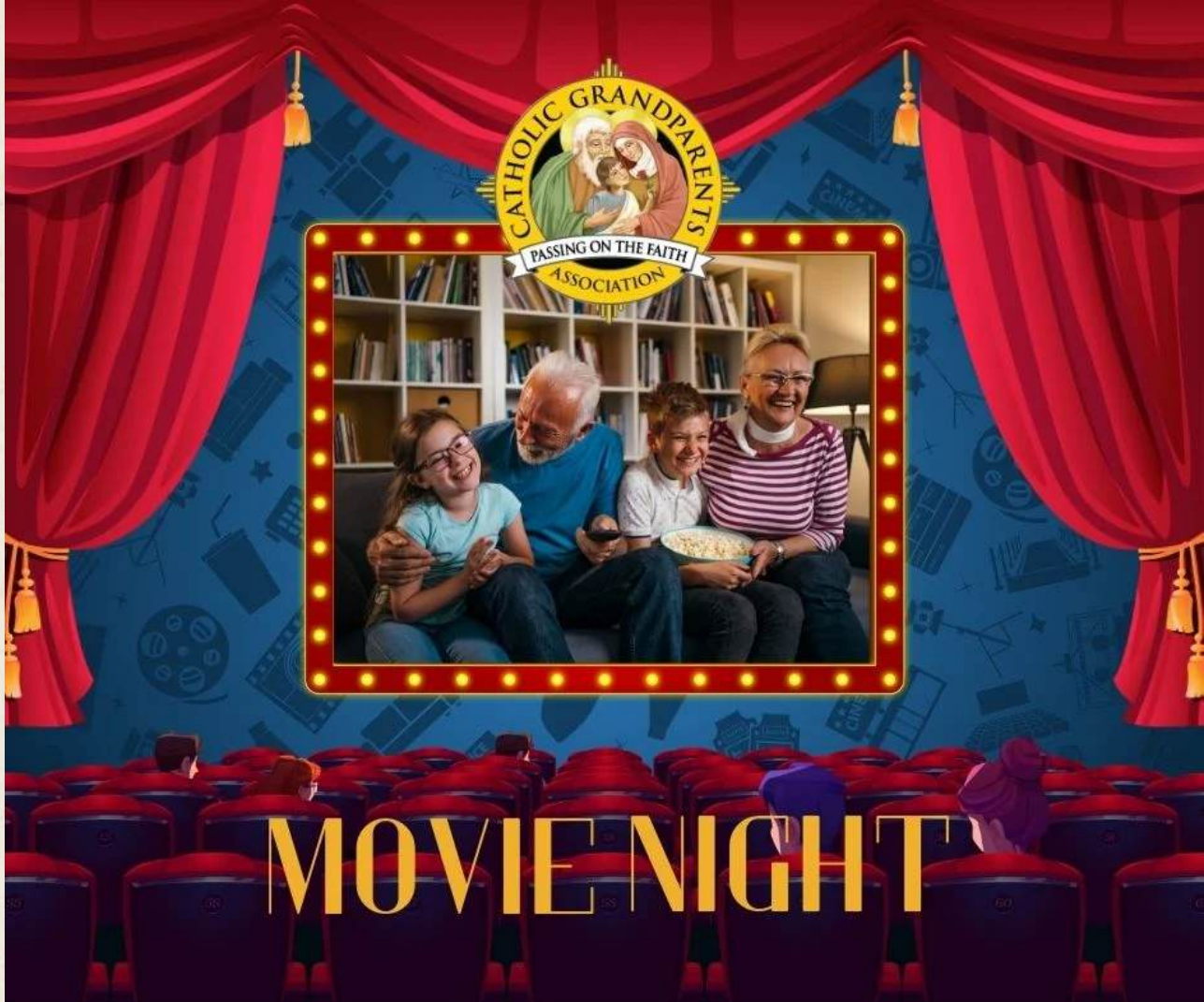
**Steps a Grandma Can Take to Make Amends
for Any Past Mistakes**



As grandmothers, we carry years of experience, love, and wisdom—but we are not perfect. Sometimes, we make mistakes, whether in parenting, grandparenting, or in our relationships with family. If you find yourself looking back and realizing that you've hurt someone unintentionally or made choices that strained relationships, it's never too late to make amends. Here are some heartfelt steps to help you mend fences and bring healing where it is needed.

[Click here to read the article](#)

catholic digest
faith+life



Movies for Lent

The best movie for Lent might be an hour at the Adoration chapel and no movie at all. But my family does like to use media to drive home lessons with our boys and our girls. During Lent we try to present movies about the story of salvation on family movie night. I include those below along with other Lenten categories: conversion, prayer, fasting/sacrifice, and almsgiving.

[Click here to read article](#)

LENT NIGHT PRAYER

THEGODMINUTE.ORG/LENT

Gracious God, as this day comes to a close, I turn my heart to you. Forgive me for the moments I fell short, for the times I turned away from, instead of towards you. In your mercy, cleanse me and renew my spirit.

Thank you for the grace that carries me through each step of this Lenten journey. As I rest tonight, let my soul be still in your presence. Prepare me for another day of growing in faith, surrendering my will, and walking in the way of the cross.

In the name of Jesus, I pray,
Amen.

THE
GOD
MINUTE



Ministry News

Holy Name of Jesus Church, Indialantic, Fl.

Grandparents Gathering

“Where 2 or more are gathered in my name I am there”
Jesus said.

Our Rosary for our Grandchildren started on

October 2024 in the Chapel at 7:00 pm

At Holy Name of Jesus Church, Indialantic, Fl.

Fr.Scott Circe Pastor.

The Joyful Mysteries.

Holy Spirit inspires the different members to recite a decade of the Holy Rosary. A Grandparents voice tells a story of dedication and devotion to their families.

Sometimes voices trumble, Others deeply intense seeking Hope and Victory. We place our Grandchildren Pictures on the Alter raising them up to the Lord. Sharing stories and planning our next meeting.

Grandparents Day

Grandparents Day at Holy

Name of Jesus School starts with a Mass.l

We distributed 100 St Joachim and St.Anne Blessings cards .

Wow!

Our Breakfast started by all present reciting the Prayer Lead by our Principal.

My heart soared !

In this year of Hope and Our Lady of Victory we will see the Fruits of our Prayers.

Blessings are being given even if They can't not attend our Gathering. So wonderful.

Thank you Marilyn Henry for your devotion to our hearts.

Gamma,

Mary Lou Szydowski

Ministry News

CGA St. Faustina Parish Service



Thank you to Nonna Gerarda and Jerilyn for sending in

You and Catherine often ask ministry leaders to send photos of our groups in action and I don't often remember to take pictures. Thankfully, this past weekend some others were kind enough to take pictures and share them with me. We had a parish picnic on Sunday, February 23 to build community and have fun together. The theme was Mardi Gras (or Carnevlæe as I prefer to call it), and CGA served on the Activities Planning Team. Our contribution was a mask making craft for all ages. It was a wonderful opportunity for intergenerational friendship. God bless!



Light The Fire

We would like to thank everyone who attended our Faith Café on 11th March with our guest speaker

GRANDPARENTS FAITH CAFÉ ☕

Special space for Grandparents

Tuesday

Thank You!

politician
of St. Gregory

**THEME:
'LIGHT THE FIRE'**

Self-registration is now open
www.catholicgrandparentsassociation.org

Dana Scallon, who gave us a truly blessed evening.

We look forward to our next session on Tuesday 8th April.

Inspiring Faith Café Quotes

"I felt like part of a family tonight"

Dana Rosemary Scallon

"A little story about Family Rosary.

Dad complained to our parish priest that the boys were falling asleep during the Rosary. Fr Ned McSweeney's answer was a classic: At the beginning of the Rosary announce that one of the boys would be leading a mystery. But don't tell them who it will be and which Mystery it would be!

Worked like a charm!"

Cardinal Wilfred Napier

"I feel privileged and honored to be counted amongst her friends. She has been my role model and my mentor. I feel blessed and

privileged Dana to have you in my life and in the Life of the Catholic Grandparents Association, thank you God for giving us the gift of Dana's gifts and talents which You have shared so lovingly with us throughout all of our ages, teenagers, young people, parents, grandparents, great-grandparents. She's a foundation stone of our association, and her new anthem song 'Light the Flame' is now our charge. Light the flame through service for giving a rift, helping with reconciliation, teaching a grandchild child to pray. Pray for yourselves as well, pray for each other. Dana, thank you for showing us that faith is a song meant to be shared, friends."

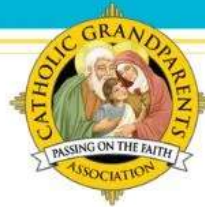
Catherine Wiley - Founder of The CGA

"Tip for family rosary with children. We said the Joyful Mysteries once a week during Advent and Sorrowful during Lent. Depending on the ages, the youngest would be coloring in a Rosary coloring book we had, with a picture for each mystery, those who could read had a children's Rosary book, and we took turns reading the reflection from that."

Jerilyn Polson



Our next Faith Café



Save the Date

Ambassador Michèle Bowe
Order of Malta, President
of Holy Family Hospital in
Bethlehem

Register for our Next Faith Café

[Click here](#)

A Prayer for Families and Grandparents

Composed by the late Msgr, Joseph Quinn, former PP Knock, to coincide with the First National Grandparents Pilgrimage on Saturday, 22nd September 2007, at Our Lady's Shrine, Knock, Co. Mayo.

God of the Ages
we praise and thank you.
From generation to generation
You have been our refuge and strength.
You give your gifts of grace for every time,
place and season as we strive within the
family to walk in Your ways and remain close
to one another and to you. We pray that
our homes may be schools of Faith, where
we come to know and love You.
Teach us the Sanctity of human love.
Show us the value of family life
and help us to respect all life.
May the young find in the family
strong support for their humanity
so that they may grow in truth and love.
May the elderly experience respect, support,
love and care within the family circle.
We give thanks for Grandparents and



we pray for them. We give them thanks for they
connect us with our heritage and our roots
through the mists of time. We give thanks
for their Christian memory which inspires and
enlightens us. We give thanks for the example
of their faith, for the witness of their lives,
for the constancy of their love,
for the support of their prayers.

Bless all Grandparents and keep them in Your care.
Bless them with peace, health and healing. Reward
them for their Faith and fidelity, for their work
and goodness, for their love and thoughtfulness, for
their gifts and prayers. Give them a long and happy
life together. May old age come to them in
the company of family and friends. And when life
is over, unite them again, where parting will be
no more, in the Kingdom of Your love.

We ask this through Christ our Lord.

✠ GOD REST HIS BEAUTIFUL SOUL ✠



Holy Week & Easter at Knock Shrine Ireland

Holy Week includes both the Church's most solemn observances and joyous feasts. Unique, beautiful liturgies fill the period of time that begins on Palm Sunday and culminates with Easter Sunday.



KNOCK

Faith Renewal Programme

SPRING/SUMMER 2025

'Whisper of God' Retreats

One day retreat: **Saturday, March 22nd** at Knock Prayer Centre

Weekend Retreats: **Saturday 12th and Sunday 13th April** in Knock Youth Village

'Picking up my pen – Finding God in writing'

With Deirdre Rowe and Sr Moira McDowall

Saturday 22nd & Sunday 23rd February: Residential retreat at Knock Youth Village

'Visio Divina' – Lent and Easter as seen through the eyes of the artist'

With Dr Nora Donnelly & Rev. Dr. Eugene Duffy: **Saturday, April 5th** at the Prayer Centre

'Healing Voices' Choral Evening

With Schola Cantorum Basilicae: **Friday, April 11th, 2025** in the Chapel of Reconciliation

'Raising Hope for Our Common Home'

With Dr. Eanna Ni Lamhna, Dr. Brendan O'Keeffe & Jane Mellett:

Saturday, April 26th in the Blessed Sacrament Chapel

'Can what matters to me matter to my children & grandchildren?'

With David Wells: **Friday, May 23rd** in Knock Prayer Centre

'Be united, in mind and purpose'

A synodal approach to building up Parish Councils

With David Wells: **Saturday, May 24th** in Knock Prayer Centre

Week of Ignatian Spirituality

Monday, July 28th to Saturday, August 2nd

For further information: www.knockshrine.ie
094 9388100

National Novena to Our Lady of Knock

August 13th to 21st 2025
at 3pm and 8pm

*Please note change of dates







PRAYER FOR GRANDPARENTS

Lord Jesus,
you were born of the Virgin Mary,
the daughter of Saints Joachim and Anne.
Look with love on grandparents the world over.
Protect them! They are a source of enrichment
for families, for the Church and for all of society.
Support them! As they grow older,
may they continue to be for their families
strong pillars of Gospel faith,
guardians of noble domestic ideals,
living treasuries of sound religious traditions.
Make them teachers of wisdom and courage,
that they may pass on to future generations the fruits
of their mature human and spiritual experience.

Lord Jesus,
help families and society
to value the presence and role of grandparents.
May they never be ignored or excluded,
but always encounter respect and love.
Help them to live serenely and to feel welcomed
in all the years of life which you give them.
Mary, Mother of all the living,
keep grandparents constantly in your care,
accompany them on their earthly pilgrimage,
and by your prayers, grant that all families
may one day be reunited in our heavenly homeland,
where you await all humanity
for the great embrace of life without end. Amen!



Benedictus 11^{us} in

*Universal Prayer for Grandparents
composed by Pope Benedict XVI
for The Catholic Grandparents Association
2008*

We Need You

We urgently need Volunteers and members in all areas of the globe.

Please reach out and tell a friend about our organisation; perhaps join a ministry in your Parish, or start your own

Ministry. For further info contact the website
www.catholicgrandparentsassociation.org

WHO WE ARE

We are a worldwide group of people united by a belief in the importance of the vocation of Grandparents. We assist Grandparents in providing a crucial link in passing on the Faith.

Grandparents were never as important to the family, church and society as they are today.

Grandparents treasure their Faith, they are concerned about the future, and want to ensure the Faith is passed on.

OUR MISSION

To help Grandparents pass on the Faith and to keep prayer at the heart of family life.



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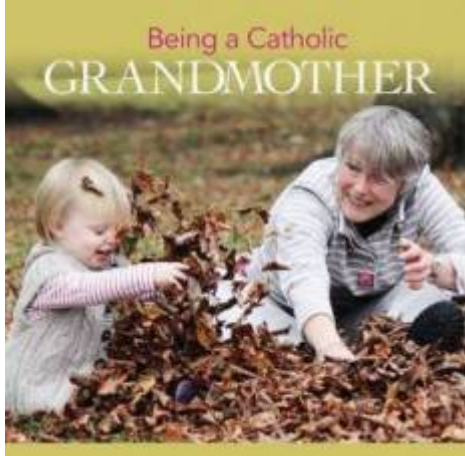


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us in our work, make an
offering or bequest**

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Being a Catholic Grandmother

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Mezuzah

A Beautiful Doorpost
Commandment to Love



CGA Holy Family Picture

This is a wonderful picture of the Holy Family which features Saint Joachim, Saint Anne, Mary, Joseph and Jesus.



Pope Benedict XVI's Prayer for Grandparents

This is a beautiful memento version of the wonderful prayer written at our request by Pope Emeritus Benedict XVI.



CGA Badge

Our popular badges are available to order. These are typically ordered by our ministry leaders and as gifts for Grandparents.

♥ Please donate or make a bequest to help with CGA running costs - Thank you ♥



There is a candle lighting for all of your intentions at the Shrine of our Lady of Knock in Ireland



Monthly Masses are offered for your intentions and prayers

May St. Joachim and St. Anne, parents of Mary, Grandparents of Jesus Bless us All

Visit our website



God Bless all children and grandchildren as they return to School and College, protect them, keep them safe and well.



Catholic Grandparents Association

Patron - Archbishop Francis Duffy - Tuam
Private Institute of The Faithful
Charity number 20074104
501(c)(3) charitable organization in the US

Connecting Grandparents Worldwide



info@catholicgrandparentsassociation..com

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