

The Project

**GIVE US OUR DAILY BREAD:
DAILY FOOD FOR 50 POOREST OF THE POOR
DALIT CHILDREN AND PEOPLE IN INDIA**

The poor and orphan children

The poor and orphan children of Kuppam and Kumilankuzhi villages and surrounding villages are very much talented and they want to study well. They long to study well and to get a bright future.

But they lack the physical energy and as a consequence they lose their mental capacity due to lack of nutritious food.

Their relatives find it very hard to earn money to meet the expenses of the family and so they are not able to give food to the children.

As a consequence the children get sick and are not well fed. They find it difficult to meet their medical expenses as well.

The poorest of the poor people

There are very many poorest of the poor people in these villages and they hardly find sufficient work to earn something to eat.

Since they do not find work due to their ill health they neither are able to eat something nutritious. As a consequence, they end up in hospital due to sickness and die early of age.

The abandoned women

There are many young women who are abandoned by their husbands and many young girls are made pregnant by the 'powerful' men in the work place giving them false hope of promotion in work and also the possibility of marriage with them. They go on like this and at a point of time they stop everything and push the women out of their work place and they are literally abandoned and left in a very pathetic situation. They cannot go to work as they are advanced in pregnancy and find it very hard to take care of their health and that of the child in the womb. They do not even eat a good meal a day.

The abandoned grandparents

There are many grandparents who are abandoned by their children. They do not have any pension as they were working all along in the agricultural fields of the landlords. Once they lose their strength to work they are not called to work anymore and are not paid any money for their living by their children.

They struggle to lead a dignified life and often live at the mercy of their children or grandchildren. Due to the lack of food they get sick often and die very early as they do not have means to cure their sickness.

The total expense for 12 months
for providing daily food to 50
poor grandparents, orphan children
and abandoned women in two
villages of Kuppam and Kumilankuzhi

=

US \$18.600

THE LOCAL RESPONSIBLE IN INDIA

The project will be guaranteed by our local representative,
Msgr. Antonisamy Francis, the bishop of Kumbakonam,
in collaboration with the parish priests of the respective villages
and the secretary for the Dalits,
the women representatives in each of the villages.

FOLLOW UP AND MAINTENANCE

The parish priest and our local women representatives will
maintain the up keeping of the project.
The concerned parish priest will carry out the constant
visit to make sure that the food is donated very well and
the system is maintained well and taken care of by
the poor Dalit families.

I kindly request the most Respected
Catherine Wiley, the Founder of
the Catholic Grandparents Association and
the President, Vice-President, Trustees and
donors in Ireland & UK, USA to consider favourably
the project to help the Grandparents in these
two villages to have healthy food and live longer.

Thanking you,

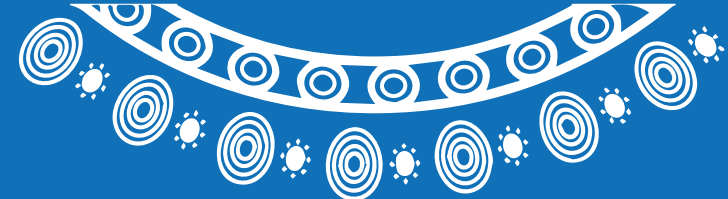
Yours gratefully,

Fr. Adaikalasamy Erudayam
Parrocchia dell'Immacolata



To donate visit:

www.catholicgrandparentsassociation.com



Grandparents Dinner World Day for Grandparents and Elderly



Providing nutritious food
ONCE IN A DAY TO 50 poor grandparents,
orphan children and abandoned women
in two villages of Kuppam (25) and
Kumilankuzhi (25) in Ariyalur district,
Tamil Nadu, South India, managed by the
Catholic Grandparents Association

To donate visit:

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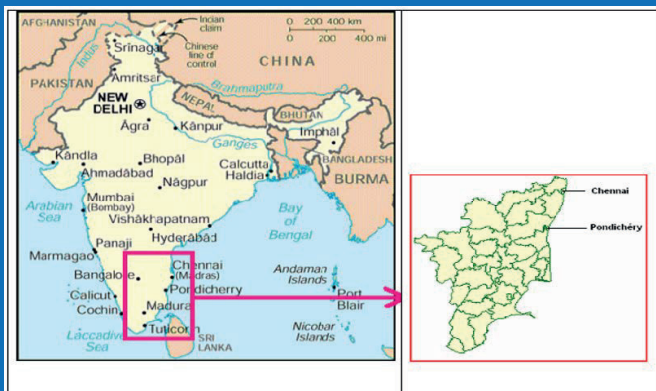
THE CONTEXT OF THE PROJECT IN THE STATE OF TAMIL NADU IN INDIA

Usually Indian diet is significantly low in fruits, legumes, nuts, fish, and dairy that are crucial for optimum growth AND development. Covid pandemic has exacerbated the health and nutrition crisis among the poorest of the poor. Child malnutrition is a chronic problem and a longstanding challenge for the public administration of India. The first National Family Health Survey (NFHS) found that India was one of the worst performing countries on child health indicators.

The survey reported that more than half the children under four were underweight and stunted. One in every six children was excessively thin (wasted). All these conditions could be attributed to the prevalence of chronic malnutrition in children. Despite decades of investment to tackle this malaise, India's child malnutrition rates are still one of the most alarming in the world. The Global Hunger Index (2020) — which is calculated on the basis of total undernourishment of the population, child stunting, wasting and child mortality — places India at the 94th spot among 107 countries.

According to Census 2011, there are over 46 crore children in the country. Over 33 lakh children in India are malnourished and out of this Tamil Nadu alone recorded 1,78,060 children who are malnourished.

The Indian State of Tamil Nadu is the southernmost state of the peninsula, between the Bay of Bengal to the east, the Indian Ocean to the south, the state of Kerala to the west and the state of Karnataka and Andhra Pradesh to the north.



OBJECTIVE OF THE PROJECT

2.1 General Objectives

General objectives of the project will be:

- ✓ To assure the daily food for the poorest of the poor
- ✓ To help the poorest of the poor Dalit children and people to regain their health
- ✓ To ensure the poorest of the poor Dalit children and people the protection of human rights
- ✓ To ensure a healthy and balanced diet for the poorest of the poor Dalit people
- ✓ To empower the poorest of the poor Dalit children and women to become leaders in this male-dominated society
- ✓ To educate the children and people to lead a community oriented life.
- ✓ To strengthen the community spirit

Specific objectives

Specific objectives of the project will be:

- ü To provide the poorest of the poor Dalit children and people with good and nutritious food daily.
- ü To help the poorest of the poor children to go to school daily as often they get sick since they do not eat well in their homes and do not frequent the school.
- ü To provide the poorest of the poor children with the possibility of healthy growth as many of the children are very weak as they do not eat well
- ü To provide the poorest of the poor children with the increased opportunity to study well as the lack of good food at home does not support them to study well
- ü To provide the poorest of the poor aged people who are abandoned by their children security by way of giving them good food once a day
- ü To provide the men in the poorest of the poor families with the opportunities to save money for other emergency needs as health and education of children
- ü To provide nutritious food ONCE IN A DAY TO 50 poor grandparents, orphan children and abandoned women in two villages of Kuppam (25) and Kumilankuzhi (25) in Ariyalur district, Tamil Nadu, South India

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Providing nutritious food ONCE IN A DAY TO 50 poor grandparents, orphan children and abandoned women in two villages of Kuppam (25) and Kumilankuzhi (25) in Ariyalur district, Tamil Nadu, South India in order to make them live healthier and longer and for the children to be able to study well and for the elderly to work well is the objective of the project.

Kuppam and Kumilankuzhi villages where we are helping are located in the State of Tamil Nadu, about 46 km from the district headquarter, Ariyalur and 259 km from the State capital, Chennai.

Kuppam

Kuppam is a village with a total population of 2450 people. All the people of this village are Dalits. They live far away from the city, in a remote and inland place, among agricultural fields. There is a small road to go to this village. But there are no bus or vehicle services. The little girls and the elderly find it very difficult to move in and out. It is very difficult for them to go to shops or for children to go to school. The distribution of nutritious food once in a day to 25 poor and orphan children, the poorest of the poor people, the abandoned women and the abandoned grandparents can be carried out.

Kumilankuzhi

Kumilankuzhi is a village with a total population of 3486 people. The Dalits form half the population but lives in a separate place from that of the high caste people. Their job opportunity and future depends on the high caste camps. Many of them have no homes and therefore live in poor conditions. The distribution of nutritious food once in a day to 25 poor and orphan children, the poorest of the poor people, the abandoned women and the abandoned grandparents can be carried out.

THE BENEFICIARIES OF THE PROJECT

The poor and orphan children, the poorest of the poor people, the abandoned women and the abandoned elderly Dalits people of Kuppam and Kumilankuzhi villages will be the beneficiaries of the project.

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